

CCC Athletics - 13/09/2013

SOPAC

NSW CCC – Records

1	Boys 18-19 1500 Metre Run	4:30.05	13/09/2013	Brad Gullick - Wollongong C C C
2	Girls 18-19 1500 Metre Run	4:59.14	13/09/2013	Emma McKinney - C.G.S.S.S.A. C C
3	Boys 17 Years 1500 Metre Run	4:10.72	13/09/2013	Joshua Kentwell - Wollongong C C C
4	Girls 17 Years 1500 Metre Run	5:15.08	13/09/2013	Amelia Gorman - C.G.S.S.S.A. C C
5	Boys 16 Years 1500 Metre Run	4:08.19	2002	Brad Woods - Bath/Wil/Forb
6	Girls 16 Years 1500 Metre Run	4:32.70	2003	Brooke Simpson - Southern Sydney
7	Boys 15 Years 1500 Metre Run	4:10.93	14/09/2012	Josh Dever - S M C C
8	Girls 15 Years 1500 Metre Run	4:31.80	2002	Brooke Simpson - Southern Sydney
9	Boys 14 Years 1500 Metre Run	4:18.90	2005	Todd Wakefield - MCS
10	Girls 14 Years 1500 Metre Run	4:40.90	2001	Brooke Simpson - Southern Sydney
11	Boys 13 Years 1500 Metre Run	4:31.00	2001	Jonathon Hill - Broken Bay
12	Girls 13 Years 1500 Metre Run	4:50.90	14/09/2012	Rose Davies - S M A I
13	Boys 12 Years 1500 Metre Run	4:29.11	1999	Jacob Henshall - Lismore
14	Girls 12 Years 1500 Metre Run	4:59.60	1997	Bryden Lenne - CGSSSA
15	Boys 18-19 110 Metre Hurdles	17.30	13/09/2013	Vincent Ines - M.C.C. C C C
16	Boys 17 Years 110 Metre Hurdles	15.36	13/09/2013	Rhys Stein - M.C.S. C C C
17	Boys 16 Years 110 Metre Hurdles	15.40	1998	John Farrow - Broken Bay
18	Boys 15 Years 100 Metre Hurdles	13.75	2006	Simon Campbell - Lismore
19	Boys 14 Years 100 Metre Hurdles	14.27	2003	Leo Dulay - Parramatta
20	Girls 18-19 100 Metre Hurdles	16.62	13/09/2013	Genevieve Cowie - Broken Bay C C C
21	Girls 17 Years 100 Metre Hurdles	16.93	13/09/2013	Rebecca Clark - Broken Bay C C C
22	Girls 16 Years 100 Metre Hurdles	14.52	16/09/2011	Melissa Farrington - S C G S
23	Girls 15 Years 90 Metre Hurdles	13.36	17/09/2010	Melissa Farrington - CGSSSA
24	Girls 14 Years 90 Metre Hurdles	13.26	18/09/2009	Melissa Farrington - CGSSSA
25	Boys 13 Years 90 Metre Hurdles	13.28	14/09/2012	Jarrod Twigg - S W O L
26	Girls 13 Years 80 Metre Hurdles	13.03	17/09/2010	Susie Seitaridis - Wollongong
27	Boys 12 Years 90 Metre Hurdles	13.75	2002	Luke Donohue - Broken Bay
28	Girls 12 Years 80 Metre Hurdles	13.57	16/09/2011	Chelsea Loughrey - S P A R
29	Boys 18-19 200 Metre Sprint	22.17	13/09/2013	Jordan Barnes - Broken Bay C C C
30	Girls 18-19 200 Metre Sprint	25.92	13/09/2013	Genevieve Cowie - Broken Bay C C C
31	Boys 17 Years 200 Metre Sprint	22.74	13/09/2013	Anas Abu Ganaba - M.C.S. C C C
32	Girls 17 Years 200 Metre Sprint	25.58	13/09/2013	Sachi Kayama - C.G.S.S.S.A. C C
33	Boys 16 Years 200 Metre Sprint	22.35	2003	Tom Jones - Lismore
34	Girls 16 Years 200 Metre Sprint	24.40	1998	Jana Pitman - Broken Bay
35	Boys 15 Years 200 Metre Sprint	22.15	2006	Luke Hamer - CBSA
36	Girls 15 Years 200 Metre Sprint	25.01	13/09/2013	Jessica Thornton - C.G.S.S.S.A. C C
37	Boys 14 Years 200 Metre Sprint	23.27	2004	Frank Iorfino - Southern Sydney
38	Girls 14 Years 200 Metre Sprint	24.93	2006	Laura Turner - Southern Sydney
39	Boys 13 Years 200 Metre Sprint	24.30	1998	Bryan Nagorcka - Bath/Wil/Forb
40	Girls 13 Years 200 Metre Sprint	25.69	16/09/2011	Jessica Thornton - S C G S
41	Boys 12 Years 200 Metre Sprint	24.80	1997	Mitchell Heterick - MCS
42	Girls 12 Years 200 Metre Sprint	27.00	1998	Elina Sefo - Maitland/Newcastle
47	Boys 18-19 800 Metre Run	2:09.24	13/09/2013	Adam Coffee - Southern Sydney
48	Girls 18-19 800 Metre Run	2:18.44	13/09/2013	Bethany Halmy - Broken Bay C C C
49	Boys 17 Years 800 Metre Run	1:59.66	13/09/2013	Joshua Kentwell - Wollongong C C C
50	Girls 17 Years 800 Metre Run	2:21.39	13/09/2013	Stephanie Bain - Maitland New C C
51	Boys 16 Years 800 Metre Run	1:57.98	13/09/2013	Jack Collett - Broken Bay C C C
52	Girls 16 Years 800 Metre Run	2:13.49	2003	Brooke Simpson - Southern Sydney
53	Boys 15 Years 800 Metre Run	1:58.18	2005	James Kaan - Parramatta
54	Girls 15 Years 800 Metre Run	2:10.78	2002	Brooke Simpson - Southern Sydney
55	Boys 14 Years 800 Metre Run	2:00.98	2006	James Connor - Wollongong
56	Girls 14 Years 800 Metre Run	2:15.16	2001	Brooke Simpson - Southern Sydney
57	Boys 13 Years 800 Metre Run	2:07.08	2005	James Connor - Wollongong
58	Girls 13 Years 800 Metre Run	2:19.86	13/09/2013	Ella Heeney - Armidale C C C
59	Boys 12 Years 800 Metre Run	2:19.62	1999	Jacob Henshall - Lismore
60	Girls 12 Years 800 Metre Run	2:26.70	1997	Bryden Lenne - CGSSSA
65	Boys 18-19 100 Metre Sprint	11.14	13/09/2013	Jordan Barnes - Broken Bay C C C
66	Girls 18-19 100 Metre Sprint	12.91	13/09/2013	Catherine Lanz - Broken Bay C C C
67	Boys 17 Years 100 Metre Sprint	11.06	13/09/2013	Michael Konomanyi - M.C.C. C C C
68	Girls 17 Years 100 Metre Sprint	12.66	13/09/2013	Karina Takchi - Broken Bay C C C
69	Boys 16 Years 100 Metre Sprint	10.90	1998	Jeremy Firth - Lismore

CCC Athletics - 13/09/2013

SOPAC

NSW CCC – Records

70	Girls 16 Years 100 Metre Sprint	11.90	1998	Jana Pitman - Broken Bay
71	Boys 15 Years 100 Metre Sprint	11.00	1997	Adrian Debrincat - MCS
72	Girls 15 Years 100 Metre Sprint	12.15	13/09/2013	Jessica Thornton - C.G.S.S.S.A. C C
73	Boys 14 Years 100 Metre Sprint	11.35	2004	Frank Iorfino - Southern Sydney
74	Girls 14 Years 100 Metre Sprint	11.60	1997	Alicia Spencer - CGSSSA
75	Boys 13 Years 100 Metre Sprint	11.60	1998	Mitchell Heterick - MCS
76	Girls 13 Years 100 Metre Sprint	12.75	13/09/2013	Maya Stewart - Maitland New C C
77	Boys 12 Years 100 Metre Sprint	12.10	1997	Mitchell Heterick - MCS
78	Girls 12 Years 100 Metre Sprint	13.00	1998	Elina Sefo - Maitland/Newcastle
83	Boys 15+ 1500 Metre Race Walk	5:59.39	2009	Kyle Malone - M C S
84	Girls 15+ 1500 Metre Race Walk	6:47.31	2008	Shannon Jenkins - Parramatta
85	Boys 12-14 1500 Metre Race Walk	6:38.56	18/09/2009	Nathan Fazldad - M C S
86	Girls 12-14 1500 Metre Race Walk	6:52.15	2005	Shannon Jennings - Parramatta
87	Boys 16+ 4x100 Metre Relay	43.20	2003	Lismore
88	Girls 16+ 4x100 Metre Relay	49.92	1999	Broken Bay
89	Boys 14-15 4x100 Metre Relay	45.51	2002	MCS
90	Girls 14-15 4x100 Metre Relay	50.51	14/09/2012	C.G.S.S.S.A. C C C - S C G S M Walters, E Leal, A Kyriacou, J Sergis
91	Boys 12-13 4x100 Metre Relay	49.16	2002	MCS
92	Girls 12-13 4x100 Metre Relay	52.10	16/09/2011	Wollongong C C C - Lismore C C C M Hill, H Prouten, E Burke, E Connell
93	Boys 18-19 400 Metre Sprint	50.36	13/09/2013	Jay Meaney - Lismore C C C
94	Girls 18-19 400 Metre Sprint	59.00	13/09/2013	Bethany Halmy - Broken Bay C C C
95	Boys 17 Years 400 Metre Sprint	51.82	13/09/2013	Joshua Kentwell - Wollongong C C C
96	Girls 17 Years 400 Metre Sprint	58.21	13/09/2013	Stephanie Bain - Maitland New C C
97	Boys 16 Years 400 Metre Sprint	48.98	16/09/2011	Jay Meaney - S L I S
98	Girls 16 Years 400 Metre Sprint	58.47	2001	Lara Nicod - CGSSSA
99	Boys 15 Years 400 Metre Sprint	51.37	2004	Luke Hamer - CBSA
100	Girls 15 Years 400 Metre Sprint	58.32	2002	Brooke Simpson - Southern Sydney
101	Boys 14 Years 400 Metre Sprint	52.11	2002	Samuel Voss - Wagga Wagga
102	Girls 14 Years 400 Metre Sprint	59.00	2005	Alicia Keir - Southern Sydney
103	Boys 13 Years 400 Metre Sprint	54.74	2002	Matthew Harris - Maitland/Newcastle
104	Girls 13 Years 400 Metre Sprint	59.78	2008	Natalie McDonnell - Lismore
105	Boys 12 Years Shot Put	14.56m	16/09/2011	Pita Toamotu - S M C C
106	Girls 12 Years Shot Put	11.43m	2008	Paletina Lemi - Parramatta
111	Boys 14 Years Discus Throw	54.27m	13/09/2013	Pita Toamotu - M.C.C. C C C
112	Girls 14 Years Discus Throw	43.24m	18/09/2009	Filoi Aokuso - Armidale
113	Boys 15 Years Javelin Throw	57.11m	16/09/2011	Rhys Stein - S M C S
114	Girls 15 Years Javelin Throw	39.67m	2000	Samantha Pearson - Parramatta
115	Boys 16 Years Long Jump	6.80m	18/09/2009	Thomas Soliman - Parramatta
116	Girls 16 Years Long Jump	5.50m	13/09/2013	Audrey Kyriacou - C.G.S.S.S.A. C C
117	Boys 13 Years High Jump	1.77m	2003	Michael Cox - Bath/Wil/Forb
118	Girls 13 Years High Jump	1.69m	2005	Laura Turner - Southern Sydney
119	Boys 18-19 Shot Put	11.46m	13/09/2013	Tuuta Langi - M.C.S. C C C
120	Girls 18-19 Shot Put	8.95m	13/09/2013	Danita Lane - Bath Wil Forb C
121	Boys 13 Years Discus Throw	47.52m	14/09/2012	Pita Toamotu - S M C C
122	Girls 13 Years Discus Throw	39.82m	2008	Filoi Aokuso - Parramatta
123	Boys 14 Years Javelin Throw	52.69m	1998	Chris McCauley - MCS
124	Girls 14 Years Javelin Throw	32.41m	13/09/2013	Claire Evans - Lismore C C C
125	Boys 15 Years Long Jump	6.46m	2006	Dallan Stanton - Wagga Wagga
126	Girls 15 Years Long Jump	5.54m	14/09/2012	Audrey Kyriacou - S C G S
127	Boys 17 Years High Jump	1.78m	13/09/2013	Jonathon Grozdanovski - M.C.C. C C C
128	Girls 17 Years High Jump	1.65m	13/09/2013	Rebecca Clark - Broken Bay C C C
129	Boys 16 Years Shot Put	19.90m	2005	Emmanuel Fuamatu - MCS
130	Girls 16 Years Shot Put	13.72m	2006	Lomana Fagatui - Wollongong
131	Boys 12 Years Discus Throw	44.38m	16/09/2011	Pita Toamotu - S M C C
132	Girls 12 Years Discus Throw	38.12m	18/09/2009	Monica Dimon - Southern Sydney
137	Boys 13 Years Javelin Throw	46.26m	1997	Chris McCauley - MCS
138	Girls 13 Years Javelin Throw	36.64m	2006	Tegan Smith - Armidale
139	Boys 17 Years Long Jump	6.41m	13/09/2013	Liam Cashman - Southern Sydney

CCC Athletics - 13/09/2013
SOPAC
NSW CCC – Records

140	Girls 17 Years Long Jump	5.70m	13/09/2013	Sachi Kayama - C.G.S.S.S.A. C C
141	Boys 18-19 High Jump	1.78m	13/09/2013	Ben Van Den Neiwenhof - M.C.S. C C C
142	Girls 18-19 High Jump	1.59m	13/09/2013	Julia O'Shea - Bath Wil Forb C
143	Boys 15 Years Shot Put	19.01m	2004	Emmanuel Fuamatu - MCS
144	Girls 15 Years Shot Put	14.90m	13/09/2013	Grace Robinson - S.C.C. C.C.C.
145	Boys 17 Years Discus Throw	42.97m	13/09/2013	Rhys Stein - M.C.S. C C C
146	Girls 17 Years Discus Throw	40.78m	13/09/2013	Paletina Lemi - Parramatta C C C
147	Boys 18-19 Javelin Throw	49.56m	13/09/2013	Owen Murray - M.C.S. C C C
148	Girls 18-19 Javelin Throw	29.74m	13/09/2013	Nichola Tompkins - Broken Bay C C C
149	Boys 13 Years Long Jump	6.05m	2005	Chris Knight - Maitland/Newcastle
150	Girls 13 Years Long Jump	5.39m	2008	Alison Ruse - Parramatta
151	Boys 16 Years High Jump	2.08m	16/09/2011	David Snowden - S M C S
152	Girls 16 Years High Jump	1.72m	18/09/2009	Amy Pejkoivic - Broken Bay
153	Boys Triple Jump	14.29m	2006	Robert Falchi - Parramatta
154	Girls Triple Jump	12.59m	2004	Alyshia Hoise - Wagga Wagga
155	Boys 14 Years Shot Put	16.87m	2003	Emmanuel Fuamatu - MCS
156	Girls 14 Years Shot Put	13.72m	14/09/2012	Grace Robinson - S S C C
157	Boys 16 Years Discus Throw	49.93m	2005	Emmanuel Fuamatu - MCS
158	Girls 16 Years Discus Throw	45.32m	2006	Lomana Fagatui - Wollongong
159	Boys 17 Years Javelin Throw	64.17m	13/09/2013	Rhys Stein - M.C.S. C C C
160	Girls 17 Years Javelin Throw	34.49m	13/09/2013	Madeline Bergfield - Broken Bay C C C
161	Boys 12 Years Long Jump	5.22m	1997	Mitchell Heterick - MCS
162	Girls 12 Years Long Jump	5.19m	2004	Laura Turner - Southern Sydney
167	Boys 15 Years High Jump	2.00m	17/09/2010	David Snowden - M C S
168	Girls 15 Years High Jump	1.69m	16/09/2011	Becky Clark - S B R O
169	Boys 13 Years Shot Put	16.77m	2002	Emmanuel Fuamatu - MCS
170	Girls 13 Years Shot Put	13.33m	2008	Filoi Aokusu - Parramatta
171	Boys 18-19 Discus Throw	37.05m	13/09/2013	Nathan Kendall - Southern Sydney
172	Girls 18-19 Discus Throw	28.90m	13/09/2013	Nichola Tompkins - Broken Bay C C C
173	Boys 16 Years Javelin Throw	57.30m	14/09/2012	Rhys Stein - S M C S
174	Girls 16 Years Javelin Throw	41.62m	2001	Samantha Pearson - Parramatta
175	Boys 14 Years Long Jump	6.31m	16/09/2011	Joshua Parkinson - S B R O
176	Girls 14 Years Long Jump	5.58m	18/09/2009	Melissa Farrington - CGSSSA
177	Boys 12 Years High Jump	1.68m	2002	Michael Cox - Bath/Wil/Forb
178	Girls 12 Years High Jump	1.62m	2004	Laura Turner - Southern Sydney
179	Boys 17 Years Shot Put	13.44m	13/09/2013	Nazeg Nazarian - M.C.S. C C C
180	Girls 17 Years Shot Put	13.27m	13/09/2013	Paletina Lemi - Parramatta C C C
181	Boys 15 Years Discus Throw	59.71m	13/09/2013	Giacomo Pippo - Lismore C C C
182	Girls 15 Years Discus Throw	45.40m	17/09/2010	Filoi Aokuso - Parramatta
183	Boys 14 Years High Jump	1.90m	18/09/2009	David Snowden - MCS
184	Girls 14 Years High Jump	1.76m	2007	Amy Pejkoivic - Broken Bay
185	Boys 18-19 Long Jump	6.14m	13/09/2013	Elliot Jennings - Maitland New C C
186	Girls 18-19 Long Jump	5.11m	13/09/2013	Brooke Kirk - Parramatta C C C

All Records for 17 years & 18/19 years are new Records established 2013 replacing 17+ Records